

SPACE IS LIMITED.

Get Involved

MARCH 23 TO JUNE 7, 2026

**Special
Olympics**
Southern California



SWIM WORKOUTS

MONDAY NIGHT: 7:45 - 8:30 PM Beginners

FRIDAY NIGHT: 6:15 - 7:15 PM Advanced

**Parks
Make
Life
Better!**



AGES: 8 YEARS AND OLDER

**BRENDA VILLA
AQUATIC CENTER**

5600 HARBOR ST.
COMMERCE, CA 90040
323-887-4404



SWIMMING

March - June

Swimming is a popular sport and essential life skill, taught for safety and competition. This sport includes various skills, from sprints to long events and relays.

Register online <https://activenet.active.com/commerce> or by phone 323-887-4434. Please also register with Special Olympics Southern California.

Registration deadline: Friday, March 6, 2026

Special Olympics Southern California (SOSC) transforms lives through the power of sports everyday, everywhere. SOSC offers free year-round sports training and competitions for people with intellectual disabilities of all skill levels.



Become an Athlete
sosc.org/becomeanathlete



Become a Coach
sosc.org/becomeacoach



Become a Volunteer
sosc.org/volunteer



COMMERCEPARKSANDREC



Visit the SOSC website at www.sosc.org